

the
Bellingdon & Asheridge

Newsletter

Chairman's Chat



Patricia Birchley, Alf Field, Cheryl Gillan MP, Glen Bryant, Don Baker

Hall Annex Grand Opening

On Saturday 28th March, our guest, the Rt Hon Cheryl Gillan MP officially opened the new annex/extension to the Village Hall. A number of local villagers attended the occasion and had the opportunity to see all the changes to the Hall.

We now have a small hall/meeting room with kitchenette. There are new toilets in the annex for sport field hirers so that they don't need to use the main hall. Also, there is an official's changing room and a storage room for sports equipment. There has also been an upgrade to the old Changing Rooms and Showers. These projects have been funded by £50k from Sport England and £5k from BAVH's own funds. Also "unveiled" were the newly renovated main hall toilets, which now include an accessible (disabled) toilet. This has cost £15 000, being funded 50/50 by Paradigm Foundation and BAVH.

Huge thanks go to Don Baker for tirelessly steering and overseeing these projects for the last 18 months. Thanks also go to Glen Bryant, a local builder, who did the building work and to local flooring supplier, Yerrells, for their contribution in installing all the new flooring.

As a thank you to the villagers for their support and helping to raise the funds for BAVH, the small annex hall/meeting room is offered for free, during 2015, to any villagers who would like to book it for a meeting or event or workspace.

If you have not yet seen the facilities, come along to the AGM on 23 July to see what has been achieved.

Welcome to the Summer Newsletter. I start with a reminder that the fete will be on Saturday 27th June. We hope you will support us by coming along. There will be a fun dog show, BBQ, beer tent, archery, children's corner and, something new - a children's fancy dress competition (please do enter your little ones). And much more, so come along and enjoy the afternoon with your family and friends. If you have spare time, consider volunteering to help out on a stall, even if it is only for an hour! Over the last year we have upgraded the hall and sports facilities. Our next challenge is to raise and apply for funds to upgrade the kitchen. This is why your support at the fete is so important to our success.

There will be a village door knock on Thursday 18 June from 6pm. We will be delivering programmes and selling raffle tickets. This is also your opportunity to donate fete items. Look out for the flyer coming soon with more info.

A great deal has been done by this and previous hall committees over the last 5+ years to steadily improve all the facilities. Whilst some of the work is unseen, the playground and changing room annex and toilets will there for all to see for many years to come. If you have not already inspected the new facilities, the fete will give you the opportunity to see the work for yourself. None of this would have been possible without your support at previous fete's and fund raising events such as the Belles' Race Night. So on behalf of everyone concerned, can I thank you all for your continued support.

The AGM is on Thursday 23rd July. Have you thought about standing to help run and maintain these community facilities? If not, please consider joining our team. We desperately need people like you to help us - we cannot run these facilities without people willing to stand on the committee.

Looking forward to seeing you at the fete on what will hopefully be a gloriously sunny day.
 Alf Field
 Chairman, BAVH Charity

Save the Date!

Village Fete

27 June 12.30

BAVH AGM

23 July 7.30pm

Belles' Whist Drive

2 October 7.30pm

Horticultural Society

Summer Project: Planted Pot for Shady Corner

In a large pot, filled with soil and compost, combine:

- 1x Large Leaf Begonia
- 1x Fern
- 2x Ivy
- 5x Busy Lizzies

You will have a lovely, elegant plant pot that will thrive in the shade.



Dates for your Diary:-

27th June.	12.30pm	Plant Stall at the Village Fete
1 August	9.30am	departing Village Hall. Trip to RHS Hyde Hall (tickets £20)
12th Sept.	2.30pm.	Annual Show
tbc Oct.	7.00pm.	Social Evening
tbc Dec.	10.30am.	Xmas Social

For further information, phone Rachel Watts on 01494 785322.

Chartridge Parish Council News

Chartridge Parish Council met on the 13th May for the first time since the local elections. Councillor Peter Brown was voted back as Chairman, and Councillor Juliet Davies as Vice Chair. The council welcomed the new councillor Alan Booth (Chartridge ward). The Parish has 9 seats and currently 8 councillors. There are four seats for the Bellingdon and Asheridge ward. Three are held by Peter Brown, Derek Keen and Joan Lherbier. This means that there is currently one vacant seat. Interested parties are welcome to contact the Clerk – elizabeth@vanhullen.org - for further information.

The Parish Council does its best to represent the wishes of the residents of the parish and works with Chiltern District Council, Bucks County Council and external contractors, to ensure the villages of Chartridge, Bellingdon, Asheridge & Pednor remain lovely places in which to live. If you have an interest in planning, roads and transport, schools, rural policing and many other matters related to village life please do get in touch.

2015 Litter Pick

A willing band of 19 volunteers from Bellingdon turned up on the 12th April to do the annual litter clearance, supporting Keep Britain Tidy's "The Big Tidy Up" campaign. Chiltern District Council provided green tabards, litter picks and bags for the team.

It was good to see that the village is generally better, but a sizeable quantity of rubbish was still accumulated. As usual, lots of tyres were found in the verges! Thanks go out to all who are regular litter clearers during the year – this all goes towards helping to keep our village in a good state. After 2 hours of clearing, the group were rewarded back at the village hall with hot drinks and bacon sandwiches, kindly provided by Helen Griffiths.



The Volunteers: Lynne Priest, Helen Griffiths, Andrew Barratt, Don Baker, Barbara Baker, Liz Warren, Gary and Rita, Jenny Prentice, Derek and Doris Keen. Not in the picture: Chris and Jules Eyles, Colin and Laura, Paul Matthews and Berry Gidman, Peter and Jill Watson

Belles go Racing

Saturday 16th May saw the village hall filled with the sound of cheering as guests encouraged their "horses" and claimed their winnings.

A wonderful dinner, again cooked by Helen Griffiths, supported by the Bellingdon Belles sous chefs, meant no one went hungry.

Over £300 was raced, which is going towards the kitchen refurbishment project. Look out for the next Belles event. On the 2 October a whist drive is going to be held, following requests for a repeat after the great success of the last one. Do put it in your diary now.





70 temporary stables are erected at Bellingdon End Farm for Pony Club Camp.



The winning team of the Aera Prix Caprilli dressage competition: Sophie McIntosh, Alex Bousfield and, from Bellingdon: Zoe Richardson, Alice Taylor.

Photos: Jo Richardson



OBH Chilterns Pony Club

Did you know Bellingdon is the home to Old Berkeley Hunt Chilterns Pony Club?

OBH Chilterns was established in 1968. They are part of Pony Club Area 12, the Northern Home Counties, which covers Buckinghamshire as well as parts of Hertfordshire, Bedfordshire, Oxfordshire, Berkshire and Middlesex. Members are aged from 5 to 25 years old and have the opportunity to take tests which enable them to learn progressively about riding and horse and pony care.

During the Spring and Summer, training and competitions take place at the Pony Club Field at Bellingdon End Farm. They run training in dressage, show jumping and cross country as well as having fun with gymkhana, stable management, etc. During winter, rallies are held at Chiltern Cottage, St Leonards and Deep Mill, Great Missenden.

These rallies and training sessions are a very important part of belonging to the Pony Club.

The Pony Club provides a full programme of activities throughout the year, including competitive and non-competitive activities. The highlight of the year is the week-long Pony Club Camp which has been held in July/August at Bellingdon End Farm since 1972, due to the kindness of the Boldero Family.

So next time you drive past Bellingdon End Farm and see lots of children on ponies or vehicles parked in the field you will know what they are up to. For further information please visit our website <http://branches.pcuk.org/obhchilterns/>

Joanne Richardson, Sec, OBH Chilterns Pony Club

Curvaceous Cook

Mushroom and Ricotta Strudel

I was very happy to be challenged by guests who ate no meat or fish, and was delighted by the find! As it was a cold day, I served it with roast potatoes, sweet potatoes and parsnips with broccoli, but for sunnier days think it would be lovely with new potatoes and a salad. Feeds 6.

Fry 1 large leek and ½ a sliced onion gently in a little butter. Add 1 tbs fresh thyme (or a bit less dried) and 350g chestnut mushrooms, chopped with 150g shitake mushrooms. Cook for 5 minutes then leave in a sieve to drain into a jug.

Mix 100g cream cheese (I used Waitrose Lightest!) with 250 g ricotta. When the mushrooms have cooled and stopped dripping, add them to the cheese mix and blend. Season well and leave in the fridge for an hour.

You could make this as one big pie, but I made individual ones using a sheet of filo per person. Put the mushroom mix across the narrow edge and roll twice, then brush melted butter all over and fold the edges in. Roll up to the end, place on a baking tray and repeat the buttering. This will give you parcels of 4x2.5". You could add more layers of filo if you wanted to.

Bake for 15-20 minutes on 200 degrees. Check that the strudels do not overcook or brown – you just need to cook the pastry. Serve carefully as the pastry is quite thin!

For the sauce: Soak a handful of dried, mixed mushrooms, then drain and chop them with a shallot and some fresh thyme and fry softly. Add the strained juices, a dash of lemon and lots of black pepper and bubble to reduce by about half. At the last minute, add a slosh of cream and a handful of finely chopped parsley. Some sherry would be delicious.

I served this warm rather than hot as I think mushrooms, like fish, increase their flavour if not too hot.



Pilates in the Village Hall

Paula Hurd has been running Pilates classes from Bellingdon & Asheridge Village Hall since 2008, starting with just one class for beginners. However, due to the demand for Pilates in the area, this has grown into four classes on Tuesday (9am, 10am and 6pm) and Friday at 10am.

The classes are of mixed ages and abilities (offering beginner and intermediate level) and are friendly and welcoming. Pilates is for everyone because we all move and Pilates is all about natural, flowing movement. Practiced regularly and correctly, it can have huge benefits for improved flexibility, greater strength and muscle tone, more efficient respiratory and circulation system, improved core strength, better posture, less incidence of back pain, greater joint mobility and improved co-ordination and balance. It can also help improve your overall feeling of wellbeing and make you more body aware.

Classes are limited to a max of 10 people and are pre booked in advance, half termly. Paula is a Level 3 qualified Personal Trainer and Level 2 qualified Pilates instructor having trained through Future Fit Training. She is a member of the Register for Exercises Professionals. Paula also runs two further classes at Cholesbury Village Hall and private one to one and small group sessions from her home. If you are interested in Paula's classes, please contact her on 07890 725152 or email paulabhurd@gmail.com.



Bellingdon & Asheridge Village Hall
Village fête
& fun dog
show

www.bellingdon.com
Bellingdon
Sat 27 June, 12:30-5pm

Hemel Hempstead Band, plant sale, real ale festival, barbecue, tombola, raffle, cakes and teas, archery, tug-of-war, kids corner, bouncy castle, toys, kids books, kids fancy dress competition, craft stall and lots more.

In aid of: Bellingdon & Asheridge Village Hall and Chilterns Dog Rescue Society

BELLINGDON AND ASHERIDGE
 VILLAGE HALL AND RECREATION GROUND
 (BAVH)
 Charity No 1087494

Notice of Annual General Meeting at The Village Hall

THURSDAY 23rd JULY 2015 7.30 pm

At the meeting the committee will present their Report & Accounts for the year ended 31st March 2015

The current committee will resign and a new committee voted in
 Opportunity to meet your neighbours and discuss your views and future of the village hall and recreation grounds

Have a look at recent improvements to the facilities

All residents of Bellingdon and Asheridge who are 18 and over may vote at the meeting

If you would like any particular topic to be addressed at the meeting and added to the main agenda, please contact the Secretary in advance, Jules Eyles on 01494 757150, jules.eyles@tesco.com

After the meeting tea/coffee, wine with cheese and biscuits will be available



Details of clubs, events and village news, including hall bookings: www.bellingdon.com
 Please send your comments, questions and ideas for future articles to the Editor at newsletter@bellingdon.com.