

S P R I N G 2 0 1 2

the Bellingdon and Asheridge newsletter



Chairman's notes

Spring is here and in this edition we highlight and give you information about two major sports activities that take place regularly on our playing field and, if you are interested in getting

involved, the organisers will be delighted to welcome you.

There is also an appeal for help with the annual village fete. This is the major fund-raising activity for the hall and we rely on the help of our villagers to make it a success. If you are community minded and would like to offer help in any capacity we'd be delighted to hear from you. Contact details are given inside. There

is also a date for a village litter pick and we hope to see many of you then.

At long last we are delighted to announce the official opening of the new playground Sat. March 10th 10-12.30. Please feel free to come along with your children and support this milestone in village life. Let's celebrate the grand opening in style.

Dates for your diary

Playground

Official opening
Sat..March 10th
10—12.30

Village fete

Sat June 30th
12 p.m. - 4 p.m.

April 1st
Litter Pick
(NO JOKE!)
see page 3

Spring cleaning?

Throwing things out? If you have anything that could do for the bric-a-brac stall at the fete, please save for the door knock in June or e-mail fete@bellingdon.com and we will collect.

Editor wanted!

Do we have any readers who have editorial experience or are perhaps a journalist manque?

We seek an editor to produce this quarterly newsletter.

Interested?

Contact Andrew 758321

Or e-mail newsletter@bellingdon.com

Princess Anne visits Bellingdon and Asheridge

- see page 2



Archery at Bellingdon

The Longbow Archers of St Sebastian is a club formed some 6 years ago and named after the patron saint of archers and, as the name indicates, we are dedicated to the use of the English Longbow.

For the past 2 years we have been meeting every Saturday at **the Bellingdon and Asheridge village hall**.

Today's recreational archers use much lighter bows than their military predecessors and our club bows range between 20 and 40 lbs. Most experienced male archers will use a longbow of around 40-60lbs and women archers around 30-40lbs draw weight. Modern longbows are made of a 'sandwich' of different woods, like

If you would like to try this interesting and different sport, **contact the Chairman, Nick Ellender on (01494) 785495** and a taster session can be arranged or come and see us at the Hall playing field any Saturday morning from 10a.m. (check web site – Hall hire - to confirm times)



ROYALTY VISITS

BELLINGDON & ASHERIDGE

On Feb 7th. The Bank Farm branch of Riding For The Disabled proudly welcomed another visit from their Royal Patron Princess Anne.

Bank Farm RDH was founded 25 years ago by Anne Coney ([seen below chatting to H.R.H.](#)) who was recently honoured by being made a National Vice President of the charity.



lemon wood. A single stave of yew is still prized (and expensive) for a longbow. The bows are all handmade and can still be quite beautiful.

Longbow archers are a friendly lot, and our club aims to promote the shooting of longbows in a relaxed, safe and friendly environment. Archery is suitable for all ages, although children would need to be around 12 years in age before they can manage a longbow. We shoot all year round



Got a bike? Like to try to get/stay fit? Enjoy good company? Then you should become a BELLINGDON BIKER. For more info go to:

www.bellingdon.com click on notice board and scroll down

VILLAGE HALL CRICKET

Ley Hill Cricket Club has had a long relationship with Bellingdon and has been playing cricket regularly at the Bellingdon ground on Saturday afternoons throughout the summer for many years. LHCC looks after the maintenance of the wicket and outfield (including the football pitch) throughout the year, and of the small cricket pavilion that was erected over fifty years ago by Bellingdon Cricket Club - which sadly was forced to fold a few years ago.

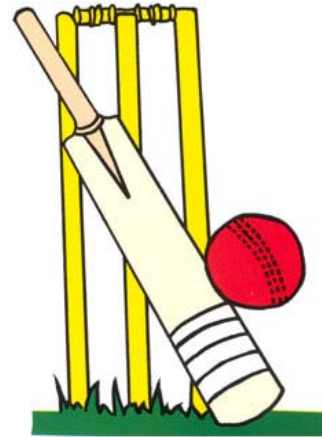
LHCC run three Saturday afternoon sides from early April until September (and occasionally four sides depending on player availabilities). It is the Thirds and Fourths that use Bellingdon for Mid Bucks League and friendly fixtures against clubs from as far afield as Haddenham, Cadmore End, Fulmer and Farnham Royal. On occasional weekday evenings the club's junior section also use Bellingdon's facilities for matches or training sessions that can not be accommodated at Ley Hill, where seven junior teams are based.

We have often found ourselves providing a summer backdrop to other functions at the village hall and have appeared in numerous wedding photographs as well as children's parties and greatly appreciate being part of a thriving village community.

The Bellingdon site provides a perfect location for cricket with the adjacent village hall (for the provision of cricket teas and drinks) and changing facilities. Opposition teams enjoy the ground's tranquility and the competitiveness of the wicket. If we could start to win more than the odd game it would be a bonus!

LHCC have provided cricket at Bellingdon for players aged from 9 to 79 - the legendary Jim Rainey, who makes several appearances each year. **We would always welcome any interested new players, both junior and senior (or indeed anyone with a spare hour or two and who might be interested in learning how to ride a set of modest gang mowers).**

Ian Walter
Captain 3rd XI
Ley Hill Cricket Club



Bellingdon & Asheridge Villages

Litter Clearance

Meet at the village hall on

Sunday 1st April

9.30 – 12 noon

If you wish to assist, please contact Don Baker on 01494 757195 or donbaker@rocketmail.com.

free drinks and bacon rolls after in the
village hall

don't forget your gloves!

Keep in touch – register at contacts@bellingdon.com for regular updates and news of local interest

The Curvaceous Cook

Easter Muffins

I have discovered muffins late but am using them more and more for a quick bit of carbohydrate to add to a meal. I was asked for an Easter-ish recipe and was thinking along the lines of Simnel cake but these are so quick and simple I decided to go with these.

2 cups (300g) Self-raising flour
 125g butter – chopped
 1 cup (80g) flaked almonds
 2/3 cup (150g) caster sugar
 1 tbs grated orange rind
 ½ cup (125ml) orange marmalade
 2 lightly beaten eggs
 ½ cup (125ml) milk
 ¼ cup (20g) flaked almonds for the topping

Grease a 12 hole muffin tin or large fairy cake tins.

Sift flour into a large bowl and rub in the butter. I actually melt the butter – doesn't seem to make any difference.

Stir in the nuts, sugar, rind, marmalade, eggs and milk.

Don't over mix - this is what makes a muffin rather than a cake!

Spoon into prepared tins and bake in a moderate oven for about 20 minutes.

They take about 15 minutes on the rack on the floor of the top oven of an Aga.

Lovely for breakfast as well as tea!



A very happy Easter to all our readers



Village Hall bookings:

Chris or Julie Hood tel: (01494) 757028
 or e-mail: bookings@bellington.com



Activities at the Village Hall

Art Class:	Berry Goodman tel. 758532
Table Tennis:	Richard Becket tel. 864164
Ladies Club:	Irene Roberts 758165
Short Mat Bowls:	Brain Latham 784155
Pilates and Aerobics:	Paula Hurd 758557

You can find out when each group meets: go to www.bellington.com and click on Village Hall – hall hire and scroll down for the calendar.