

Bellingdon & Asheridge Community Newsletter



IN THIS ISSUE

Community news
 BAACA AGM Report
 GB Spring Clean
 Tin Tabernacle
 Hort Soc
 Community
 Speedwatch
 Curvaceous Cook

September often feels like a new beginning - harvest almost finished, change of season, start of the new school year - but never more so than in 2020.

Lockdown and its gradual easing has been hard on everyone in different ways. Some coped with the restrictions, some didn't, we're all different.

There's absolutely no shame in admitting that it was a struggle - being restricted to the same four walls for so long takes its toll, even before you add in family pressures, money worries or loneliness.

There are plenty of resources available to help those who need

help with mental health: www.oxfordhealth.nhs.uk/healthyminds/ or ask your GP.

We were fortunate to have had a large number of volunteers to help those who were unable to leave the house, and we'd like to thank them again for offering to help out.

Many people discovered amazing new places on their doorstep during their daily exercise - the footpaths were certainly a lot busier than usual. And we all became a lot more creative in socialising and looking out for our neighbours.

We must not forget that some people never stopped working - healthcare workers, delivery

drivers, supermarket staff and many others made sure we could get what we needed - thank you!

Unfortunately most of our usual autumn events have been cancelled, but we hope to be able to run our annual Christmas parties on the first weekend in December, if at all possible.

This newsletter contains a report from the community association AGM plus other community news. We hope you enjoy reading it - please email newsletter@bellingdon.com if you have any comments or would like to publish anything in the next issue.

Helen Valvona, Editor

Community Association AGM report

On Thursday 23rd July we held our first ever Virtual AGM, via Zoom, and are pleased to report that attendance was increased on the previous year!

Two trustees - Nick Richardson and Don Baker - stepped down and four new trustees - Peter Watson, Emma Eckersley, Kirsty Fiddes and Helen Harding were elected.

In his summary of the year April 2019-March 2020, Chair Alf Field said: I think it's fair to say that this year has been slightly more challenging than the previous one! It started with the extremely hot weather forcing us to cancel the dog show at the 2019 fete and ended with the Covid-19 global pandemic, which has affected us all, one way or another.



Covid Response

We were ahead of the curve in closing the hall, which we did ahead of the official guidance, to keep our hirers safe. Much of this is thanks to Helen Harding's unceasing interrogation of official documents and government guidance – thank you Helen.

We also applied for, and received, a grant from Chiltern District Council for support during the Covid crisis - thank you to Don Baker for coordinating the grant application. We are

continuing to follow government guidelines with regard to the reopening of the hall as and when this is feasible.

The good thing is that we pulled together and showed what can be done as a community when we all look after each other. I hope this one area where we can continue to make progress.

Therefore I would like to thank all those people who came forward and volunteered to help. Whether it be just keeping an eye on your neighbour or dropping off groceries or medicines. Thank you. You have shown what we can achieve as a community.

We would like to explore the possibility of setting up a Good Neighbour's Group similar to the one in Cholesbury, so if anyone is interested in leading this project could they please let us know.

You can read Alf's full statement to the AGM and find the minutes of the meeting on our community website at <https://www.bellingdon.com/virtual-agm-report-23-7-20/>

Alf Field, BAACA Chair

Great British Spring Clean

We had rescheduled the spring litter pick for 27th September but unfortunately owing to advice from "Keep Britain Tidy" this will now be cancelled.

Some of us will still be (individually) litter picking on 27th Sept and we'd encourage anyone who would like to get involved to do so at a time that suits them.

If anyone would like to read the current guidance for litter picking it can be found here: <https://www.keepbritaintidy.org/get-involved/support-our-campaigns/great-british-spring-clean/coronavirus-guidance>

Don Baker

The Tin Tabernacle in Turbulent Times

Following the temporary closure of the church because of the Covid restrictions we have been having our services on line. Each week the link has been published on the village website - many thanks for Helen Valvona for doing this.

We were unable to run our usual 'Summer Weekend' this year, but we did run an on-line Flower Festival. People (with full social distancing) brought flower arrangements to the church, and the virtual Flower Festival is incorporated into the service which can be seen on this link: <https://youtu.be/lkTFcyMY6RQ>.

Looking forward is more challenging, as we have a rather small building, and some members of the church need to continue to take care because of the virus. Most services will be filmed in the church (unlike the earlier ones from Tim Yates' house!)

We are looking to open for a short service one Sunday afternoon - further information to follow but booking will be required. If this works there will be another one in mid-September and also possibly a Harvest Festival - maybe outside if the weather is good!

We are here for the community - do let us know if we can support you in any way.

Tim Yates, Minister for St John's Bellingdon



Hort Soc

With regret the Hort Soc have cancelled both the Annual Show in September and Social in October. It would just not be possible to run these events and adhere to government guidelines for indoor events.

Tracey Ryan

Community Speedwatch

During the lockdown there was very little traffic and many drivers seemed to think they owned the roads, driving without any attention to the speed limits. Traffic has built up again but a large number of drivers haven't slowed down.

To combat this, Chartridge Parish Council is hoping to work with Thames Valley Police and their Sentinel camera in the Community Speedwatch initiative.

The Sentinel camera can be used at the roadside by volunteers and can be moved to different locations. The police take action appropriate to the results, offenders receive a letter from them and repeat offenders get a visit from a police officer, eventually he or she may be charged. Latimer and Ley Hill have used Community Speedwatch for some time and have observed a great improvement in speeds that has been maintained.

The police have a training programme for would-be users of Community Speedwatch but in order to be eligible for this we need to have a viable number of volunteers. To answer two questions that may have come into your mind : you would never be "on duty" on your own at the roadside, and also demands on your time can never be great, the camera is shared between several parishes so no one has it very often nor for a long stretch of time.

We hope that some of you may be interested in helping with this programme, your participation would be very valuable. If you would like to find out more or to volunteer, please email me or text/ phone me on 07786 010 476.

Joan Lherbier, Chartridge PC

Curvaceous Cook, September/October 2020

INVOLTINI

You can make involtini with pretty much anything, and my original recipe was from my friend Letizia Mattiaci's wonderful book "A Kitchen With a View", where it is made with pork and guanciale, though she says that in the original Sicilian it was made with beef and provolone cheese.

I made it with turkey breast, which is easily obtainable here in Umbria, and really cheap, and quick to cook. I think proper guanciale (cured pig jowl) is too fatty for English taste, so I used very thin streaky bacon.

The breadcrumb mix is lovely on top of mac and cheese, or pasta dishes, or with meat rolled in it, or added to meatballs, so I always make plenty and freeze it for instant use.

Whizz up in a processor: 300g bread, ideally old and a bit dry; 3 tbs grated parmesan; 1 tsp salt; 3 tbs parsley; 1 large clove garlic, sliced; little salt and black pepper.

When fine, lay out on a tray to dry.

Meanwhile, lay thin slices of turkey breast between two layers of cling film or greaseproof paper, and gently bash with a rolling pin until really thin.

Stretch the bacon slices with the back of a knife. You will need enough to cover the turkey.

Lay the bacon on top of the turkey, then sprinkle with the breadcrumbs to just cover. Roll them up to some sort of a tidy roll. The turkey is very forgiving, and you can easily make neat packages!



You will need 3 wooden skewers for 2 rolls. Poke through a sage leaf, then one end of the roll, then another leaf, then the other roll, then another leaf. Repeat twice across the pair, so each pair is firm enough to handle easily.

You can bake them at this stage, about 20 minutes on 190. I prefer to put them on the BBQ, where they take about 15 minutes. Rest for a few minutes, then pull out the skewers and slice.

They are delicious hot or cold, and make a good picnic item as they hold their shape. You could leave out the bacon, but I think it helps to keep the turkey moist.

Keep in touch

www.bellingdon.com
(also to sign up for monthly e-news)

www.facebook.com/bavhall

www.twitter.com/bellandash

newsletter@bellingdon.com if you have an idea for an article or have something you'd like to see in the next newsletter.

Details of clubs, events and village news, including hall bookings: www.bellingdon.com
Please send comments, questions and ideas for future articles to the Editor at newsletter@bellingdon.com
The Editor reserves the right to edit submissions for clarity or length.

This newsletter is produced on behalf of the Trustees of the Bellingdon and Asheridge Community Association (BAACA).

Reg Charity No. 1087494

Printed by Orbitpress Ltd in Chesham www.orbitpress.co.uk 01494 778053

