

BELLINGDON
& ASHERIDGE

Community
News & Events

RACE NIGHT



Get ready for an exciting
Night at the Races
Bellingdon & Asheridge Village Hall

Friday 16th May

Doors open 6.30 & racing starts 7pm
Entrance only £3 – under 16s go free

Cheer on your horses in 8 thrilling virtual races.
Bring your own drinks & there will be hot food
available to purchase.

All proceeds will go towards the playground
renovation at the Village Hall.

Reserve your spot at baacasocial@gmail.com



FETE 28 JUNE

SATURDAY 28TH

12 - 4 PM

A GREAT FUN DAY OUT
FOR THE WHOLE FAMILY

A range of traditional game stalls – coconut shy, lucky dip, splat the rat and more – plus welly wanging, tug of war, fun dog show and classic car display. Of course there will be the barbecue, bar, ice creams plus teas and cakes to keep you going through the afternoon.

Put the date in your diary and come along (bring your friends and family!) to support your community.

GET INVOLVED! We'd love your help on the day - if you can spare a few hours email: fete@bellingdon.com

DONATIONS WELCOME
We will be visiting all houses in the villages during our “door-knock week” beginning Monday 16th June. Items gratefully received include bottles of wine, raffle and tombola prizes, good condition toys, board games, books and bric-a-brac.

BAKERS please drop off your


cakes in the hall before 11am on the day of the fete.

RAFFLE Online ticket sales are now open for the 2025 fete raffle with some brilliant prizes including a **luxury food & drink hamper**, magnum of champagne, cases of wine and many more!

SILENT AUCTION - bid for some amazing **EXPERIENCES** including a pair of **audience tickets to a recording of Taskmaster at Pinewood Studios** or a morning's fly fishing at the Latimer Park - **tuition & tackle provided**. The raffle winning tickets will be drawn at the fete on 28th June, where the winners of the silent auction will also be revealed.

To buy your ticket, place your bids or to find more information, just scan the QR code.

Paul Muggeridge-Breene
fete@bellingdon.com



MAY	JUNE	JULY	AUGUST
Wed 21st Knit & Natter	Wed 4th Meeting Point	Wed 2nd Meeting Point	Rumble Festival 1st-3rd and 8th-10th (see back page)
Race Night Fri 16th Village Hall	Moving Connections w/e 13th-15th & 20th-23rd (see back page)	Wed 9th BAACA AGM at Village Hall 8pm	Wed 6th Meeting Point
Sat 17th CVGS Plant Sale United Reform Church 9.30-12 noon	Sat 28th Village Fete 12-4 pm	Wed 16th Knit & Natter	Wed 20th Knit & Natter
Cycling the Chilterns w/e 23-25th (see back page)	Sun 29th Dalmatian Dog Show	Please note that Meeting Point—Tea & Chat and Knit & Natter, Craft & Chatter are both held at St John's Church starting at 2.30pm	
	Wed 18th Knit & Natter		
	Sat 21st History & Culture Club St John's 11.30am		

BELLINGDON & ASHERIDGE VILLAGE PLAYGROUND



We are raising money in aid of the playground at Bellingdon & Asheridge Village Hall, managed by the Bellingdon and Asheridge Community Association.

Every donation will help bring us to the overall target of **£40,000** that we need to raise for some significant enhancements to the playground facilities. **Imagine a big**

new climbing frame tower, a play tractor and trailer, and lots more! It's important to have an enticing and enriching space to encourage our young people to get outside. Play is very important for their **physical and mental health**, as well as **just being really fun!**

We are also working on securing corporate donations and grants. Every donation from you will highlight how much the community believes in the playground improvements. **(If you have any fundraising ideas or contacts then please let us know!)**

Thank you in advance for your contribution to this cause, it means an incredible amount to us and mostly, to the community's young people.

On behalf of the Bellingdon and Asheridge Community Association.

Email: playground@bellingdon.com

**The QR code can be used to
DONATE NOW!**



REWILDING PROJECT



Rewilding at the Village Hall is now in year two. We have lots of flowers for pollinators plus all four trees are doing well. There are more flowers appearing in the unmown verge near the hedge. The butterfly association are asking everyone to help as last year saw the worst decline of butterflies. If we can simply leave some wild areas and mow less particularly verges this will help greatly.

Antonia Savvides

PARISH COUNCIL ELECTIONS

Following the local elections on 1st May, Joan Lherbier and Annie Fuller will continue to represent Asheridge on the Parish Council with Andy Savvides continuing to represent Bellingdon. He will be joined by Keith Muggeridge-Breene who becomes Bellingdon's second Councillor.

NEWS ON THE PUB

Unfortunately, at the time this newsletter goes to print, I am not in a position to reveal the full plans for the re-opening of the pub but despite the long wait occasioned by the obvious problems that have beset both the building and hospitality trade during and since the pandemic, I can say that there is a glimpse of light at the end of this very long tunnel.

I have been kept informed of progress at every stage over the years and hope that, by the time of the next newsletter, there will either be visible evidence of developments at the pub or that I will be able to give a full description of the plans and a start date.

Andrew Barratt

WELCOME TO SPRING !

The village hall kicked off the season with the first afternoon tea of the year on 16th

March, a truly delightful event. Organised by several of our trustees with invaluable support from the Bellingdon Belles, who provided scrumptious homemade cakes and helped run the afternoon. It was a great success! Thanks to the generosity of villagers and their friends, we raised £213, which has been donated to the British Heart Foundation. Thank you to everyone who helped make this event such a success – together, we've made a real difference!



VILLAGE WEBSITE

We are in the process of updating the Bellingdon and Asheridge Village Website. As part of this project we would like to send a regular news email. If you would like to receive these please send an email to :

email@bellingdon.com

C.V.G.S

**Invitation to
Chesham Vale Gardeners' Association
Plant Sale**

**Saturday 17th May 9.30 am to noon
At front of United Reformed Church, The
Broadway, Chesham
Refreshments in the Church Hall**

Come and meet us.

See if you would like to join.

For further information follow us on Facebook
or email cheshamvalegs@gmail.com

Other Events **Fri 4th July** Summer Social
7-10pm United Reformed Church
Sat 12th July Savill Garden
Outing Windsor Great Park

Further details on:

<https://cheshamvalegardeners.co.uk/news-events>

Adrian Norris, Chairman

ST. JOHN'S CHURCH



We are delighted that the car park has been upgraded – many thanks to all involved. We shall now have to make sure we control any weeds that decide to pop up through the new shingle covering!

In our services, sermons have been about the Book of Isaiah. At our Mothers' Day service pot plants were distributed to the congregation as well as being delivered to some of our friends who were unable to be with us on the day. On Palm Sunday everyone received a palm cross, and we enjoyed celebrating Easter Day with service of Holy Communion. We had a display of Easter lilies in memory of people who are no longer with us. Our services continue to take place at 10am every Sunday morning, with Holy Communion on the first Sunday of each month. We pray for worldwide issues as well as matters which are closer to home. Do let us know if there is anything or anyone you would like us to pray for.

Our social events continue with **Meeting Point & Knit and Natter (dates on front page)** As always, you are most welcome to join. We would love to see you!

Jane Edmunds

CURVACEOUS COOK

HARISSA LAMB

I can't believe that in the first week of May I am sitting in the garden to write this, surrounded by birdsong and spring flowers...hooray, spring has sprung!

This time of year always makes me think of lamb, and this recipe is from Raymond Blanc. Simple, leave it to cook, and obviously very tasty. I include the salad he serves with it, but it is equally good with classic roast lamb accompaniments.

2.5 kg shoulder of lamb
4 pinches salt
8 turns black pepper (very precise!)
100 g rose harissa
1 tsp ground cummin

Preheat oven to 180

Put the lamb in a roasting tin and score the surface, then rub in all the spices and salt with your hands.

Roast for 20 minutes, then reduce the heat to 150, cover loosely with foil and roast for 4 hours.

Baste hourly with the juices. I turned the joint a couple of times, ending skin side up.

If not using the chickpea salad recipe, drain off all the liquid and get rid of the fat, bubble the juices a bit then serve on the side

CHICKPEA SALAD

2 tins chickpeas
1 x 175g jar of piquillo peppers (those delicious pre-roasted peppers available everywhere)
1 preserved lemon, with pulp
1 small handful parsley, chopped
2 pinches salt flakes
4 turns black pepper

Chop the peppers, lemon and parsley

Add to the fat removed juices with the chickpeas and warm through.

Add salt and pepper to taste.

Pour salad over the lamb to serve.

The lamb should be falling off the bone, and RB suggests putting in the middle of the table, sprinkled with extra parsley, and let people help themselves with spoon and fork.

HISTORY & CULTURE CLUB

For the next **History and Culture Club** we are going to have a talk on local wildlife – a little bit different but promises to be most interesting. It will be held on Saturday 21st June at 11:30am.

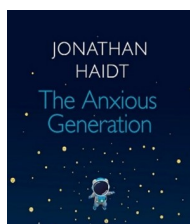
j.edmunds@sky.com

THE VILLAGE BOOK MARK

The Anxious Generation: Non-Fiction 299 pages

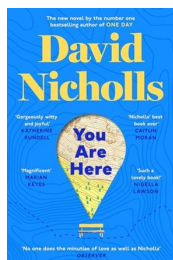
Jonathan Haidt.

If you are part of Generation Z (born 1997 – 2012) I really feel for you, this coming from a Baby Boomer (born 1946 – 1964). Society and tech have failed you - more importantly, parents of Gen Z onwards have a serious and complex role to play in some rewiring. There has been a change to childhood, we are overprotective when children go out, but less protective when using a smartphone. The epidemic of mental and neurological conditions lays firmly at the door of the tech behemoths, the vortex of social media has got inside their brains and shockingly these companies knew exactly what they were doing. This amazing book is full of data and research. Haidt offers solutions to help us rewire, keeping smartphones out of schools is a huge step, in theory it's easy, right? Tech is here to stay, how we manage it is OUR responsibility. So, stop scrolling, read this book and save your brain from this man-made virus.



You Are Here: Fiction 345 Pages **David Nicholls**

I guess most of the world has seen the movie or read 'One Day'. This latest David Nicholls offering was piled high in bookstores all over the country, I had no problem investing. It was fun from start to end. The main characters are Marnie who is full of wit with laugh out loud moments aplenty, Michel is the awkward butt of her jocular. It's a hiking trip set in the Lakes and Pennines, so for many this will be familiar territory, as will be those walking groups that seem to be everywhere, discussing ageing complaints, at times they seem to be the prelude to a care home. But Nicholls captures the scene brilliantly. The screening rights must have already been secured.



Christopher Wood MBE

WEEKEND EVENTS

CHILTERN CYCLING SPORTIF

May 24/25th

On Saturday night the weekend will kick off with a 2.2k hill climb (Chesham to Hawridge), followed by food, drinks and live music at the Village Hall. Sunday morning, cyclists will embark on either a 60k, 100k or 160k cycle sportive, tackling the climbs which the Chilterns are famous for. Also, on Sunday morning, a 10k & Half Marathon along local footpaths. Throughout the day food and drink will be available. For more information, please see our website

www.atwevents.co.uk

Locals are invited to the Saturday evening event.

MOVING CONNECTION CAMP

13th/14th/15th June

and

20th/21st/22nd June

These events are in their 3rd year and welcome anyone curious to explore connections & movement with care and compassion for themselves & others. No previous experience of these events is required.

Note these are alcohol/smoking and drug free events.

Contact: www.tickettailor.com

RUMBLE FESTIVAL

August 1st/2nd/3rd and 8th/9th/10th

These are gatherings where connections, movement and dance are the focus. The events centre around the hall with its smooth floor where you can stretch and dance.

To book tickets for these events contact:

www.movingconnections.co.uk/summer-camps

Free open evening on Wed 6th August for villagers to experience the event.

Details of clubs, events and village news including hall bookings go to www.bellingdon.com

Please send comments, questions and ideas for articles to the editor at newsletter@bellingdon.com

The editor reserves the right to edit submissions for clarity and length.